Guidance on Food Fraud Mitigation

DATE : 10 April 2018  
VERSION : 1  
NUMBER : 2171848

1. Background

The relevance of Food Fraud has grown over the last years, not in the least following a number of food scandals that have led to reduced consumer confidence in the Food Industry.

Although the driver of Food Fraud act (cause) is economic gain, it may nevertheless result in a food safety risk. Such a risk is very often caused by negligence or lack of knowledge by fraudsters. For the consumer food fraud related risks can be:

   a) **Direct Food Safety risks**: the consumer is put at immediate risk (e.g. addition of melamine to milk powder that results in an acutely toxic exposure; hiding of substances resulting in undeclared allergens);

   b) **Indirect Food Safety risks**: consumer is put at risk through long-term exposure (e.g. high levels of heavy metals in food supplements causing harm – or lack of benefit – over a longer period of time)

   c) **Technical food fraud risk**: there is no direct or indirect food safety risk (e.g. misrepresentation of country-of-origin information). However, this indicates that material traceability may have been compromised and the company no longer able to guarantee the safety of their food products.

For Food Manufacturers, the economic impact can be high (e.g. recall, loss of sales, cost of re-building reputation etc.), but also the consumer trust is important, not only for companies but for food industry (sector) as a whole.

Following the GFSI benchmarking requirements, FSSC 22000 has introduced a chapter on Food Fraud mitigation in the latest version of the Scheme (v4.1). This has become mandatory from January 1, 2018 and includes requirements for a Food Fraud Vulnerability Assessment and a Food Fraud Prevention Plan applicable to all products.

2. Definition

The definition that FSSC uses is based on the GFSI Position paper issued in 2014:

**Food Fraud is the collective term encompassing the intentional substitution, addition, tampering or misrepresentation of food/feed, food/feed ingredients or food/feed packaging, labelling, product information or false or misleading statements made about a product for economic gain that could impact consumer health** (GFSI BRv7:2017).

Food Defense is different from Food Fraud in that the motivation is not economic gain, but an intent to cause harm to consumers or companies from an ideologically or behaviourally motivated background. The harm could be economic, public health or terror. Since there are different motivations Food Defense and Food Fraud mitigation require a different approach.

Food Fraud is as at least as old as ancient Rome and will never be eliminated fully, the actions taken shall be aimed at minimizing the vulnerability for Food Fraud by reducing opportunities for fraudsters.
3. **FSSC 22000 scheme Requirements**

*Part II – Requirements for certification v4.1*

2.1.4.4 Food Fraud prevention

2.1.4.4.1 Vulnerability assessment

1) The organization shall have a documented and implemented vulnerability assessment procedure in place that:
   a) identifies potential vulnerabilities,
   b) develops control measures, and
   c) prioritizes them against the identified vulnerabilities.

2) To identify the vulnerabilities, the organization shall assess the susceptibility of its products to potential food fraud acts.

2.1.4.4.2 Control measures

The organization shall put in place appropriate control measures to reduce or eliminate the identified vulnerabilities.

2.1.4.4.3 Plan

1) All policies, procedures and records are included in a food fraud prevention plan supported by the organization’s Food Safety Management System for all its products.

2) The plan shall comply with applicable legislation.
4. Implementation

To help implementing the FSSC 22000 Food Fraud mitigation requirements, the following way of working is recommended:

1) Establish a Food Fraud Mitigation Team
2) Conduct a Food Fraud Vulnerability Assessment (FFVA)
3) Identify and select proportionate mitigation measures
4) Document the vulnerability assessment, mitigation measures, verification and incident management procedures in a Food Fraud Mitigation Plan supported by the Food Safety Management System
5) Develop an effective training and communication strategy and implement the Food Fraud Mitigation Plan

Note: address all types of Food Fraud as defined by GFSI (i.e. substitution, unapproved enhancements, misbranding, counterfeiting, stolen goods or others); address all products from incoming goods (e.g. raw materials, packaging materials) to outgoing goods (e.g. (semi) finished product). See Appendix 1 for more information.

It is important to note that every vulnerability identified will not automatically be determined to be significant and will not automatically be required to be addressed by a mitigation measure. It is important to identify as many vulnerabilities as possible, so they can be assessed. For example, horsemeat in beef was not originally considered to be a vulnerability that required a mitigation measure. After severe incidents, the vulnerability assessment may determine this to be significant in such a way that a mitigation measure is required.

Ad 1/2. When conducting an FFVA a number of factors should be taken into account such as:

- Economic vulnerability (how economically attractive is fraud)
- Historical data (has it happened)
- Detectability (e.g. how easy to detect, routine screening present)
- Access to raw materials, packaging materials and finished products in the supply chain
- Relationship with supplier (e.g. long relationship or spot-buying)
- Certification through an independent sector specific control system for fraud and authenticity
- Complexity of the supply chain (e.g. length, origins and where the product is substantially changed/processed)

Many more aspects may be taken into account as deemed appropriate. A number of tools have been developed to assist companies in setting up a FFVA, one of them is SSAFE3, this tool is freely available. The key to assessing the vulnerabilities is: “think like a criminal”.

Supplier certification (forward and backward) by sector specific control systems which are specialized to prevent or mitigate food fraud can substitute own analytical routine screening. An example is supplier certification via a voluntary certification scheme in the sector of fruit and vegetable juices and purees4.

Supply chain mapping including factors as socio-economics, behavioural, geo-political and historical data may be a useful tool to use. Very often, Food Fraud Mitigation (or elements thereof) needs to be addressed at the business organization level rather than at the site level only.

When conducting the FFVA, it is allowed to group materials to start with (e.g. similar raw materials or similar finished products). When significant risks are identified within a group, a more in-depth analysis may be required.

Ad 3/4. When defining a Mitigation strategy, the potential vulnerabilities identified under 1 should be assessed for their significance. A risk matrix similar to HACCP can be used (e.g. Likelihood of occurrence x Consequences). Profitability is an important factor of likelihood of occurrence. A mitigation strategy for the significant risks shall be developed and documented.
Ad 5. The plan shall be supported by the organization’s Food Safety Management System (FSMS) for all its products meaning that it shall contain system elements such as training, internal audits, management review, etc. as well as operational mitigation measures, verification activities, corrections and corrective actions, responsibilities, record keeping, verification activities and continuous improvement. Examples of verification activities can be origin/label verification, testing, supplier audits, specification management. In addition, also the FSMS needs inclusion of the Food Fraud prevention element into e.g. policies, internal audits, management review, etc.

5. Food Fraud Mitigation team and training

The Food Fraud Vulnerability Assessment is performed by a multidisciplinary team with wide range of expertise (e.g. Security, Legal, Purchasing, Production, Research & Development, Regulatory affairs, Quality). The composition of the Food Fraud Mitigation team is likely to be different than that for your HACCP/Food Defense Threat Assessment. The composition of the team may evolve over time as the understanding of the food fraud opportunity evolves. External expertise may be required. Training of the team is required. Many training options are available, an example being Michigan State University which provides free web-based courses (MOOC Food Fraud audit guide – MOOC = massive open online course).

6. Auditing

Food Fraud poses a significant risk and it is important that around the globe the food industry takes actions. Auditors however must realize that they are not crime investigators; they not expected to detect fraud or confirm that an anti-fraud program is capable of “preventing fraud”. Auditors should audit only how well the company has protected itself and check if all elements required by FSSC 22000 are in place. This approach is very much in line with the verification of a HACCP plan during the food safety audit.

The introduction of Food Fraud mitigation within the organization's FSMS is expected to become more granular over time. At first stage it's more realistic to focus on the system/strategy being fit for purpose, rather than focusing on the effectiveness of mitigation measures.

As an auditor, the following questions are recommended to be asked:

- is there a team with the correct competencies/knowledge?
- has a vulnerability assessment been performed and documented?
- are all types of vulnerabilities covered (substitution, unapproved enhancements, misbranding, counterfeiting, stolen goods or others)?
- depth of the vulnerability assessment (historical data, economic motivations, detectability etc.)?
- breadth of the vulnerability assessment (all materials covered)?
- is there a methodology to determine the significance of vulnerabilities?
- when significant vulnerabilities are identified, is there a written mitigation plan?
- is there a verification system present in line with ISO 22000 paragraph 8.4 (Food Safety Management System Verification)?
- Is the analysis regularly reviewed and is the frequency adequate?
- is the Emergency Response Team prepared (ISO 22000 paragraph 5.7)?
- is all of the above effectively included and implemented through the organization’s FSMS (e.g. records, awareness of people, site security, internal audits, management reviews)?
References

3) SSAFE http://www.ssafe-food.org/our-projects/?proj=365#
5) Michigan State University courses: http://foodfraud.msu.edu/mooc/
**Appendix 1. Types of food fraud – definition and examples**  
(PWC⁶, Spink, Fortin et al⁷)

<table>
<thead>
<tr>
<th>GFSI (1) Type of Food Fraud</th>
<th>Definition from SSAFE (2)</th>
<th>Examples from GFSI FFTT (3)</th>
<th>General Type of Food Fraud</th>
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</table>
| Dilution                    | The process of mixing a liquid ingredient with high value with a liquid of lower value. | • Watered down products using non-potable / unsafe water  
• Olive oil diluted with potentially toxic tea tree oil | Adulterant-substance (Adulterant) |
| Substitution                | The process of replacing an ingredient or part of the product of high value with another ingredient or part of the product of lower value. | • Sunflower oil partially substituted with mineral oil  
• Hydrolyzed leather protein in milk | Adulterant-substance or Tampering |
| Concealment                 | The process of hiding the low quality of a food ingredients or product. | • Poultry injected with hormones to conceal disease  
• Harmful food colouring applied to fresh fruit to cover defects | Adulterant-substance or Tampering |
| Unapproved enhancements     | The process of adding unknown and undeclared materials to food products in order to enhance their quality attributes. | • Melamine added to enhance protein value  
• Use of unauthorized additives (Sudan dyes in spices) | Adulterant-substance or Tampering |
| Mislabelling                | The process of placing false claims on packaging for economic gain. | • Expiry, provenance (unsafe origin)  
• Toxic Japanese star anise labelled as Chinese star anise  
• Mislabelled recycled cooking oil | Tampering |
| Grey market production/ theft/diversion | Outside scope of SSAFE tool. | • Sale of excess unreported product,  
• Product allocated for the US market appearing in Korea | Over-run, Theft, or Diversion (4) |
| Counterfeiting              | The process of copying the brand name, packaging concept, recipe, processing method etc. of food products for economic gain. | • Copies of popular foods not produced with acceptable safety assurances  
• Counterfeit chocolate bars | Counterfeiting |

**Notes:**  
(1) GFSI – Global Food Safety Initiative  
(2) SSAFE – Safe, Secure and Affordable Food for Everyone  
(3) GFSI FFTT – Global Food Safety Initiative: Food Fraud Think Tank  
(4) Grey Market -- a market employing irregular but not illegal methods; Theft -- something stolen; Diversion/Parallel Trade -- the act or an instance of diverting straying from a course, activity, or use